



# Guyra Gazette

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## Meet our latest medical recruits

The career path of two young women with diverse backgrounds has brought them together at the Guyra Medical Centre where they will be working as GP Registrars, training under local GP Dr Jeyakumar.

They both say that the reputation of the Guyra Medical Centre as a training ground was instrumental in bringing them to town.

The newest recruit is Dr Laura Townsend who will commence work at the Guyra Medical Centre from August 9th. Laura joins Dr Anitha Jandrajupalli who has been training at the Medical Centre since February this year.

Laura is a local girl, having grown up in Uralla and Armidale, and currently works at the Emergency Department of Armidale Hospital. She graduated from University of New South Wales in 2014, completing part of her training rurally in Albury and Wagga. She previously worked at hospitals in Sydney and Tamworth.

While she has loved working in hospitals, Laura always wanted to become a GP



Dr Laura Townsend and Dr Anitha Jandrajupalli

and work in the New England area. She is now on her way to fulfilling that desire by undertaking a specialty training program under the supervision of Dr Jey.

“Growing up I always had an interest in science and an empathy for people, and medicine is a combination of both,” Laura said. “I am really looking forward to work-

ing in Guyra and I have already felt very welcome by the staff at the Medical Centre.

“I can’t wait to get started, meet the locals, and see the whole family as patients from little kids right the way through,” she said. “I am also looking forward to working with Anitha, learning from her as well as Dr Jey.”

Dr Anitha, who has been training at the Medical Centre since February this year, will now complete another six months of her GP training in Guyra. While Laura is a local girl, Anitha grew up and completed her early training in India, where she worked for two years before coming to Australia. Initially she settled in Victoria and worked in Melbourne hospitals for 6 years, gaining a wide variety of experience.

However, she wanted to pursue training as a GP because it allows her to provide continuity of care, and chose Guyra because of Dr Jey’s reputation as a supervisor and the proximity to Armidale.

*continued page 2>>>*

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# Supporting our farmers

Guyra GP Dr Jey and wife Indrani passed a milestone in June, celebrating 10 years at the helm of the Guyra Medical Centre. They are serving not only the Guyra community, but increasingly find more patients travelling from Inverell and Glen Innes.

Indrani said that Guyra Medical Centre, which is collocated with the Guyra MPS, is quite different from many others in the area in that more services are available, such as ECGs, X-rays, accident and emergency.

In response to the ongoing drought, the Medical Centre wants to support farmers and those who are doing it tough.

"We will now bulk bill farmers and those adversely affected by the current conditions," Indrani said.

"To take advantage of this service, just let the receptionist know at the time of book-



Dr Jey started work in Guyra in June 2009 and has now clocked up 10 years in town

ing an appointment."

With three doctors on staff at the Medical Centre they will now be able to take on

new patients. They have also just employed an Aboriginal receptionist in order to allow better communication with the Aboriginal community.

To ensure the smooth running of the centre, patients are advised to book for a longer appointment if they need to discuss more than one problem at a time.

"The doctors do try to run on time, but are sometimes called into the hospital if there is an emergency," Indrani said.

"Also if you need a medical referral, please make an appointment with the doctor and try not to leave it to the last minute."

Patients are also advised that requests for scripts will not be taken over the phone if it is more than three months since you have seen the doctor.

>>>from page 1

Anitha moved to Guyra with her family earlier in the year, and is finding herself being accepted in the community. She is also undertaking further studies in paediatrics to expand her knowledge of the younger patients that she sees.

"I am very happy with the move and my kids love living here, we are going to Church and enjoying meeting and talking to more people," she said "I love working with children, women's health, and mental health and feel very comfortable working with Dr Jey who is very flexible and easy to work with."

Both doctors see their immediate future as remaining in the area. Laura's intention is to complete her GP training rurally and remain as a doctor in the New England Area, while Anitha wants to remain in the area at least until her daughter has finished school. They will be working at both the Medical Centre and the MPS and bring with them their experience not only as doctors, but also as young mothers who have a unique ability to understand and empathise with their patients.

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# Exploring wellness in our community

A group of 37 members of the Guyra community answered the invitation to explore what 'wellness' means to them. They gathered at the Guyra Bowling and Recreation Club on Thursday July 23rd, using approaches based in conversation and participatory process to discover and learn together.

Facilitated by Debra Pugh and Jenni Carlin from New England Sector support team (NESST) in conjunction with Guyra Home Support Services, there were many connections, insights and new friendships developed during the workshop.

"Participants came with curiosity and interest to learn from others, share, hear stories, meet with friends and to learn together," Debra said.

"The most common one-word responses to the check in question of 'What is one thing that brings me joy?' were family, grandchildren, and friends.

"Participants were also



Toni Kirkman (Guyra HSS), Jenni Carlin and Debra Pugh (NESST) and Wendy Warner (Guyra HSS)

asked to identify three commonalities in their shared stories and the most common of these were family, friends and kindness.

"When asked 'What does wellness mean to you? What could it look like?' the most common responses were hap-

piness; family; health; exercise; and friendship," she said.

"And finally 'How can the community help to build wellness?' The most common responses involved keeping socially active and physical access to the community."

Participants reported that they had an enjoyable day and were leaving with increased knowledge and learning. People had forged new friendships and had built on old ones.

## Byron Bay artist helps out the bush

Zimmi Forest is a fibre artist from Byron Bay who has a passion for sustainability and the environment and she is using this passion to help out in the bush. Zimmi has offered her time and skills to run a workshop at 'My Rural Retreat' as her way of helping out in these very challenging times.

'My Rural Retreat' is a Guyra based business providing Creative Arts and Health and Well-being workshops. Founder Tina Skipper said that this is a wonderful opportunity for people to leave the farm or take a break from their business and spend some time learning, creating and connecting.

"We'll be using natural fibres, jutes and materials such as Guinea Fowl feathers and berries to make a beautiful wall hanging, it's going to be a lot of fun," Tina



Zimmi Forest will conduct a workshop at My Rural Retreat next week

said.

"A local business in Guyra, 'Crop Hair Dressing' has also kindly donated a care pack-

age, full of nourishing hair goodies for all participants to take home and I will be providing delicious wholesome

food throughout the day as my way of helping."

"Being on the land ourselves, my husband and I understand the immense strain everyone is feeling at the moment, we are all holding on for Spring rain," Tina added. "We are so appreciative of these small acts of kindness."

Zimmi has been commissioned to create over 100 artworks for public galleries, private clients, hospitals and resorts."

The workshop will take place on Tuesday August 6th and there has been an overwhelming response, seeing it booked out in a day. If you'd like to know more about other workshops, including a 'Wellness Weekend' in November, which Tina adds 'we may all desperately need' you can go online to [www.myruralretreat.com.au](http://www.myruralretreat.com.au)



# What's HOT

# Relaxed and ready for learning

**CASPERS** Old Boys Day and Fundraiser on this Saturday

## WATER SAVING TIPS

**BUCKET** in the wash basin for hand washing and when full use it to flush the loo

**BUCKET** in kitchen sink when rinsing fruit and veg

# What's NOT

**GOVERNMENT** and businesses discriminating against people who don't use computers

## QUOTE of the week

It's not how far you fall, but how high you bounce

Bureau of Meteorology

## Weather

### WATCH

Guyra MPS

Date	Day	Min	Max	Rain
23	Tues	3.3	15.7	0
24	Wed	3.6	14.2	0
25	Thurs	0.2	15.7	0
26	Fri	2.9	13.0	0
27	Sat	3.0	14.1	0
28	Sun	0.4	15.0	0
29	Mon	0.7	13	0

Rain this week	0mm
July rainfall	7.6mm
Rainfall YTD	194.8mm
Rainfall last YTD	267.4mm
Ave. rain to Jul.	511.1mm

Information supplied by Jeff Martin, Observer for Bureau of Meteorology

Black Mountain students are back – refreshed, relaxed and ready for learning!

This term is a busy one with many exciting events to look forward to such as NAIDOC celebrations, visiting Wattleridge, our Science excursion, the annual Highland Fling and our Celebration of Learning at the end of the term. Our Year 5 and 6 students will begin their transitions to high school and all students are participating in the Premier's Sporting Challenge – together of course, with providing quality, individualised learning for all our students.

We'd like to extend a warm welcome to Jayda and Amber Hayes and their family to our school community. Jayda and Amber have settled in well to our Senior Class, showing great commitment to their learning and easily making new friends.

Congratulations to Khaleal Iboai, Toby Cussen and the K-



2 All Stars. These students have demonstrated excellence in not only their learning but citizenship and empathy for others.

Our After School Active Program continues this term with three days on offer being Monday, Tuesday and Wednesday afternoons. We have hockey,

tennis and computer club. This program not only helps develop sporting skills, but our staff assist students with their homework and teach computer skills as well. The cost is minimal and provides a great learning opportunity for all who attend.

*Relieving Principal  
Justine Eddy*

## Bush fire danger period starts

The NSW Rural Fire Service is advising landowners of the start of the Bush Fire Danger Period on August 1st in the Armidale Region.

This year being the worst drought on record and with critical water shortages like we have never experienced before in this area, the NSW RFS is urging landowners to consider postponing pile burns until we receive significant rain.

Superintendent Chris Wallbridge said that with Armidale, Guyra, Glen Innes and Tenterfield all being on water restrictions and on-farm water storages almost non-existent, if a fire was to escape the lack of water and the increased distances firetrucks will have to travel to refill will make fire-fighting problematic.

“Given the greater risks associated with the current climatic conditions and the need to conserve the limited water resources we do have for essential domestic consumption

we are asking landowners to delay lighting fires.

If you believe you have an urgent need to carry out hazard reduction burning from Thursday, August 1st landowners will need to have a discussion with their local Fire Permit Issuing Officers or their Fire Control Centre and be issued with a fire permit before conducting any burns in the open.

Fire permits will help landowners to address safety aspects, such as water supply, before and during a burn. Landowners, if they have been issued with a fire permit, will also need to contact all of their adjoining neighbours and their local Fire Control Centre to advise of their intention to burn a minimum of 24 hours before lighting any fire.

This legislative requirement to notify exists all year around.

“Given our current water shortages property preparation will be particularly impor-

tant this year,” Superintendent Wallbridge said.

“Residents should prepare their property for the upcoming BFDP by removing flammable materials from their yards, clearing gutters of leaves, checking hoses and portable pumps, as well as, blocking gaps where embers may be able to enter buildings. Don't leave it until a fire is approaching your property. Early preparation is the key.”

Monitor any fire you have burning carefully this BFDP and never leave a fire unattended. If a fire does get out of hand, it is essential to call Triple Zero (000) immediately.

On days of Total Fire Ban and when the Fire Danger Rating is declared to be 'Very High or above' fire permits are automatically suspended.

Always check the Fire Danger Ratings for your area before lighting a fire by visiting [www.rfs.nsw.gov.au](http://www.rfs.nsw.gov.au) or contact your local Fire Control Centre.

# Symposium sparks cooperative path

A sold-out business symposium has been told cooperation creates wealth and will be essential for major economic expansion in the Armidale region.

Approximately 80 business operators and other invited guests attended the Business Symposium Breakfast, held by Armidale Regional Council on Wednesday.

Armidale Regional Council Mayor Simon Murray said that the strongest message to emerge was the need for greater networking and a united effort between businesses large and small, Council and the wider community.

"Many of the participants expressed the need for businesses to work together, to encourage visitors and locals to spend money in the region," Cr Murray said. "It can be as simple as referring customers to other businesses, such as accommodation houses directing people to local restaurants and visa versa. The symposium was a very successful way to foster that cooperation, by sparking discussions, developing connections and identifying shared opportunities."

Councillor Murray said those connections and cooperation were particularly vital for small and startup businesses.

Guest speaker and international businessman Ian Mason pointed to the role of



Approximately 80 business operators and other invited guests attended the Business Symposium Breakfast,

start-ups in the economic boom experienced by UK city Manchester - which has been the fastest-growing UK centre in recent years and had obvious parallels with the Armidale region.

Mr Mason and Cr Murray said the Armidale region's close connection between businesses and their customers, which just "two degrees of separation", was a major strength because it allows agile service delivery and fast-tracking of ideas and feedback.

Cr Murray said it was es-

sential businesses did not focus their energies on competing with one another.

"While some competition is healthy to keep businesses on their toes, it has to be balanced by cooperation that recognises the potential for mutual gain and boosts the level of business activity as a whole. While you're striving for a share of the pie, you do everything you can to make sure you're starting with a bigger pie," he said.

Initiatives proposed at the symposium included an information hub to help busi-

nesses, Council and the wider community work together.

Guyra's 'Brisk Trading' proprietor Bronwyn Grills attended the symposium and said that she hopes that this is the start of something really amazing for our region.

"It is always good to talk to other business people and find out what we can do better," Bronwyn said.

"There were some great ideas put forward and hopefully some of these ideas will come to fruition."

## Continuous yellow lines for no stopping zones

Armidale Regional Council is changing the way No Stopping zones are displayed and motorists need to be vigilant of both No Stopping signs and the new yellow lines along road edges. Continuous yellow lines are being progressively introduced to designate No Stopping zones throughout the region, as signs need to be replaced.

During the changeover period, motorists need to be watchful for either the No Stopping signs or the new continuous, or unbroken, yellow lines, or they risk receiving a substantial fine.

A No Stopping sign or yellow line along the edge of the road means drivers must not stop their vehicle in the designated area at any time. No

Stopping signs or continuous yellow lines are installed in areas where clear sight is required for safety reasons, such as intersections and the approaches and departures to crossings.

Parking on areas identified by either No Stopping signs or continuous yellow lines is an offence and will result in a \$268 fine if you are caught.

If it is a School Zone, the penalty is a \$344 fine and two demerit points.

Roads & Maritime Services (RMS) has allowed the use of yellow lines along road edges to designate no stopping zones since 2012. Councils throughout NSW are opting for the yellow lines to help reduce the number of signs and clutter in streets.



## Meals on Wheels

August 1st Heather Marchant  
August 2nd Lesley Credland  
August 5th Kath Varley  
August 6th Don & Betty Mayled  
August 7th Wendy Lockyer

## Street Stalls

August 1st Hospital Auxiliary  
August 15th Masonic Lodge  
August 16th Machinery Group  
August 22/23/24 Lions Club

## Church Notices

### St James Anglican

Sunday 9am Morning Service, 1st  
Sunday of the month Backwater  
2pm, 3rd Sunday of the month  
Ben Lomond 11.30am

### St Mary's Catholic

Saturday Mass 6pm in Guyra,  
Sunday 9am, 1st Sunday of  
month Ben Lomond, 3rd Sunday  
Wards Mistake, otherwise Guyra  
7am Wards Mistake, 9am Guyra  
Father Stephen O'Shea

### St Columba's Presbyterian

Guyra Sunday 9.00am, Ben  
Lomond Service, first Sunday of  
even-numbered months, 2.00pm  
Rev Andrew Campbell,  
Ph. 0447 724 536

### Uniting Church

Regular Sunday Service 9.30am  
Enq. Nancy Davidson 6779 1366

### Seventh-day Adventist

Saturday from 10am Bible Study,  
11am Divine Service.

Enquiries: 6779 1587

### Northwest Church

66 Llangothlin St, Sunday  
meeting 10am, Thursday 7pm  
Food Pantry - 1st, 3rd & 5th  
Friday of month 11am-12, 1pm-2pm  
Tony Stace 0427956772.

### Church of Freedom

10 Nincoola Street - Contact:  
0421 847 973, Tuesday Prayer  
6.30pm, Wed Bible Study 6.30pm  
Sunday Service 10am

## Service Clubs

LIONS CLUB dinner meetings  
1st & 3rd Thursday of the  
month at Guyra Bowling Club,  
7pm. Ph: Geoff Reeves  
6779 1257

ROTARY CLUB dinner meetings  
2nd & 4th Tuesday of the month  
6pm for 6.30pm. Ph: Aileen  
MacDonald 0417 079 307

Guyra Central School will be celebrating NAIDOC Week during the first two weeks of Term 3. All students will be participating in a variety of activities to celebrate aboriginal culture which will culminate with the NAIDOC Week Assembly on Thursday August 1st.

At the assembly students from each year will be acknowledged with special NAIDOC Week awards for positive contributions to the school and the members of our Junior Aboriginal Educational Consultative Group

(JAECG) will be announced. Following the assembly, the JAECG will be cutting the NAIDOC Week cake and they will be running a BBQ as a fundraiser.

This year's NAIDOC Week theme is Voice. Treaty. Truth. The Indigenous voice of this country is over 65,000 plus years old. They are the first words spoken on this continent and of a people who are the oldest continuing culture on the planet.

Voice. Treaty. Truth. were three key elements to the reforms set out in the Uluru

Statement from the Heart. The 2019 theme acknowledges that Aboriginal and Torres Strait Islander peoples have always wanted an enhanced role in decision making in Australia's democracy.

The theme also highlights our various First Nations' desires for lasting and effective agreements such as Treaties which cannot be achieved unless we have a shared, truthful understanding of the nature of the dispute, of the history, of how we got to where we stand.

## Have your say.....

### Records in the records?

The phrases "Driest in living memory" and "driest on record" are getting a lot of use in the current dry spell. The Bureau of Meteorology has daily rainfall records for Guyra that go back to 1st January 1886 and these tell us how Guyra fared in the Federation, WW2, mid-60s, early 80s, and Millennium droughts.

The driest one year period on record was that between 3rd June 1980 through to 2nd June 1981, with a total of 403mm, which is 46% of the long term annual average rainfall of 883mm. Of the 32 different twelve month periods when the total rainfall was less than half of average, 30 occurred in the 1980-81 drought and two in the 1964-65 drought. For the twelve month period up to Tuesday 23rd July this year, the total rainfall was 532mm, which is 60% of average. So we have a way to go before it is as bad as the 1964-65 or 1980-81 droughts. However, if we only take the twelve month periods running up to late July each year, the 532mm total this

year is the driest on record.

What about five year periods? The driest five year period on record ended on 20th October, 1940. The total rainfall for the previous five years was 3,351mm, which is 76% of the long term average five year rainfall of 4,415mm. Of the 512 different five year periods when the five year rainfall fell below 80% of average, 506 occurred in the years 1939-1942, and six occurred in 1900. For the five year period up to Tuesday 23rd July this year, the total rainfall was 4,244mm, which is 96% of average, nowhere near as bad as during the WW2 and Federation droughts.

Perhaps it is just the number of consecutive days without rain that is breaking records? The longest run of rainless days was 46 days from 28th June 1977 to 12th August 1977. This year, the longest run of rainless days was 15, and this occurred twice – between 19th May and 2nd June, and between 10th June and 24th June. Once again, we are not breaking any records this year.

While we are in neither the worst nor longest drought on record, we are heading to

break some records if there is not some decent rain fairly soon. And of course, the consequences of drought, such as poor pasture production and Guyra town running out of water, might well be the worst ever. One possible reason for this is that climate change and increasing temperatures are making the consequences of drought worse than in the past. Bureau of Meteorology temperature records for the Guyra Hospital site are available back to 1st January 1981 and these show that, since then, the average annual temperature for Guyra has gone up by one whole degree Centigrade.

Too bad if we are not breaking any serious drought records this year - the sound of rain on the roof will be ample compensation.

**Ian Reeve**  
**Black Mountain**

**Have your say:**

**Email:**

**news@gala.org.au**

**Mail: PO Box 170**

**Fax: 67792069.**

# The key to unlocking grazing systems management

Learning how to assess pastures, as well as understanding their quality and quantity, is key to managing profitable and sustainable grazing systems.

Northern Tablelands Local Land Services is delivering the renowned Prograze course which provides producers with valuable skills in pasture and animal assessment.

Prograze is based on established, proven principles of pasture and livestock production. The first course delivered by Northern Tablelands Local Land Services was in April this year and saw over thirty enterprises from Walcha, Uralla, Guyra and Ebor benefit from expertise and valuable information.

Georgie Oakes, Northern Tablelands Local Land Services Agronomist, is one of the facilitators of the highly successful program.

"We are extremely pleased with how producers have engaged with the program during the toughest seasonal conditions. It shows that producers are making the connection between pasture management and livestock requirements," said Georgie.

Producers develop the skills to: visually assess pasture quality and quantity; understand how pasture quality and



Georgie Oakes is one of the facilitators of the highly successful program.

quantity impact animal production; assess livestock fat scores; and use pasture and livestock assessments to match pastures to livestock requirements.

"Producers learn how to use grazing management to improve pasture productivity and sustainability, as well as using fodder budgeting to maximise pastures and fodder crops," explained Georgie.

Using pasture and livestock

assessments to make supplementary feeding decisions, and using grazing management to help control worms, is also covered in the program.

The program, which is delivered by Northern Tablelands Local Land Services through funding from the Australian Government's National Landcare Program, runs over eight months, which enables pasture assessments at different times of the year.

"On the back of what they have learnt, producers are forecasting and making management decisions earlier. They are identifying their stock classes and matching their nutritional requirements to their pasture availability," Georgie explained.

Meeting livestock requirements with pastures that have been considerably reduced during drought is a massive challenge. For those taking part in a Prograze course a multitude of resources will be at their fingertips to enable them to confidently face the task.

"We will be delivering two more courses in the next six months so if you are interested in participating please give me a call on 0429 310 264 or [georgie.oakes@lls.nsw.gov.au](mailto:georgie.oakes@lls.nsw.gov.au)," said Georgie.

## PET OF THE WEEK



Rajah is a playful 11 month old boy. He gets along well with other animals and just adores people. He also loves kids.

Rajah is affectionate, confident and engaging. He is fully litter trained and ready for his new home now.

\$120 includes vaccination (F3), desexing, microchipping, worming and a flea treatment.

**Please call/text:**

**0423 685 694**

or message the

Friends Of Fred Animal Rescue Facebook page for more information

## Guyra Sheep & Lamb Sale

**July 24th** - The Guyra offering increased from the sale two weeks ago. Quality and weight in the heavy drafts saw the best lambs to \$330/head. Grown sheep weights also improved to see that category sell to dearer trends. All the regular buyer attended and operated to a firm to generally dearer market.

Light lambs sold to trends slightly cheaper than a fortnight ago with a fall of \$10/head. Light trades saw firm trends, while the trade lambs sold to rise of \$10/head. Medium weight

lambs were dearer, with heavy lambs to \$15/head better. The over 30kg lambs saw weight and quality improve to eventuate in substantial rises of up to \$30/head. Weight increases also saw much dearer trends for hoggets.

Light crossbred ewes also saw trends rise, up to \$10/head better. Heavy crossbred ewes sold to \$20/head better. An improvement in weight and quality also saw rises in the wether categories, an average of \$20/head

## Armidale Cattle Sale

**July 25th** - There was an increased penning, comprising a very mixed quality offering of young cattle and cows. Grown heifers were in fair numbers, while bulls made up 10% of the total. There were limited supplies of well finished young cattle, a few having had access to oats. There was reduced processor competition, however restockers were active.

Comparing the market to the previous sale held 2 weeks ago trends were dearer across all classes of young cattle. Restockers and to a lesser extent feedlots competed strongly. Vealers to restock improved by 20c to 30c/kg. Yearling steers to restock and

feed saw a dearer trend of 20c/kg and more in places taking breed and quality into account. There was significant improvement in the market for plain quality lightweight yearling heifers under solid restocker competition. The better quality heifers sold firm to 14c/kg dearer.

Despite the reduced processor competition well finished grown heifers sold firm to only slightly cheaper. The cow market was much stronger across all but the plainest quality lots. Well finished cows were as much as 17c/kg dearer. Heavy bulls were firm to slightly dearer despite reduced processor competition.



# Great weekend of junior soccer

Guyra Junior soccer teams took to the field this week in Armidale, Uralla and Guyra for a great day of soccer in beautiful weather. The teams enjoyed their return to the field after a few weeks off and there was some quality soccer being played.

This Saturday, 3rd of August, will be a big one for the Guyra United Soccer Club with every team taking to the fields in Guyra for the first time this season. Our Old Boys Fundraiser for Darryl Dowden will also take place this weekend with proceeds from the Junior Canteen and Coffee sales (CJs Coffee Co.) being donated. We will be holding a 100 Club and a Guessing Competition on the day. The refurbished Canteen will also re-open this weekend with some special offers including Casper Cupcakes! And to top things off, we will be debuting our new junior jerseys, which are being distributed at training this week, so expect a sea of bright orange on the Guyra Recreation fields this weekend.

Team nominations are currently open for the Jack Vallance Junior Memorial Carnival to be held in Armidale on Sunday 11th of August. Nominations close this Saturday so please speak to your Coach or contact me on 0428747072 for further information or to express your interest. See you all for an exciting home round!

**Under 6 Spooks** - Our

## Vets Golf

Vets had 12 players compete in an Individual Stableford counting putts.

The winner was Kim Shaw with 36 points after a very good front 9 of 22 points.

The runner up with 35 points was Roger Grills.

The best putters were

youngest Guyra team are always great to watch, full of enthusiasm and excitement. Despite the few weeks off the Spooks had a solid first game back. Corey Banfield scored the first goal for Guyra in the first minute of the game and the goals kept coming for the team. A total of 14 goals were scored by these youngsters for the morning. A great all-round effort.

**Under 7 Jellybeans** - Saturday saw the local derby between the two Guyra under 7's teams. It was a great friendly atmosphere with spectators cheering for all the children.

Lachlan C is showing more confidence in having a go and kicking the ball while Oskar demonstrated his willingness to counter attack and take on the opposition. As always Tyrell worked tirelessly in defence and saved many goals. Taearliagh was our only goal scorer this week adding another two to her growing tally.

Rose is improving every week, Lachie E-C continues to be hell bent on being our striker taking shots at goal whenever possible. Hamish's ball skills are coming along well, his quick kick-ins often see positive results.

Thank you to our special guest coach Dave, Oskar's Dad, who ran with the kids in the second half.

**Under 12 Spirits** - This week's game was an important one for the Spirits with their 3rd place on the ladder

Roger Grills and Herb Wilson with only 28 putts.

Nearest the pins were Don Campbell on the 7th and Wal Chapman the 18th.

8 players will be travelling to Yamba for a golfing social trip this Sunday and three 4ball teams will be competing at Glen Innes on August 13.

*A Vet*

being challenged by the 4th place DK team. With players to spare this week the biggest challenge was giving the player's game time. Guyra opened the scoring within minutes of the kick-off with a well-placed goal by Cooper Reeves set up by Jason Mowbray. This was followed soon after by a well-deserved goal to Ella Vidler. Guyra dominated the game with great defence by Joe Reeves, Leigha McElroy and Ryan Saunders keeping the ball in our half. Cooper soon added another goal to take the score to 3-0. DK took advantage of a rare break in the defensive line to score their first goal shortly before half-time. This spurred DK on to take further shots at goal but some great saves by goalie Angus Dullaway, including a great touch over the top of the goals, kept them out until seconds before half time when DK added another goal. This left the score at 3-2 to Guyra at the break.

Cooper kept his goal-scoring tally ticking over within the first 2 minutes with another well-timed shot finding the net followed a little while later by his 4th goal for the game. Defence was the aim for the rest of the game but the pressure was on when DK scored a third goal followed soon after by a 4th. Tensions were high on the sideline and everyone was very relieved to hear the whistle with the final score 5-4 to Guyra. It was a great

team effort with everyone contributing. Special mention to Daniel Grills who returned to the field for the first time after injuring his foot and was unstoppable on the wing, making numerous runs up the sideline and taking some great shots at goal. Charlie Wilson also played well this week, taking on numerous positions throughout the game. With the 12B's being re-graded this week, it will be interesting to see what the rest of the competition brings.

## The draw August 3rd is as follows:

**16A Jnr Caspers** vs Armidale City White, Guyra 1, 8.30am

**14A Ghosts** vs TAS Blue, Guyra 6, 10.00am

**14B Lil Caspers** vs North Arrows, Guyra 1, 10.00am

**12B Spirits** vs DK Warriors, Guyra 1, 11.10am

**U10 Cobras** vs Armidale City Blue, Guyra 3, 10.00am

**U9 Vipers** vs Guyra Jets, Guyra 2, 10.00am

**U9 Jets** vs Guyra Vipers, Guyra 2, 10.00am

**U8 Jaffas** vs Armidale City Blue, Guyra 2, 12.00 noon

**U8 Skittles** vs Armidale City White, Guyra 2, 9.00am

**U7 Jellybeans** vs DK Thunderbolts, Guyra 4, 10.00am

**U7 Smarties** vs DK Shields, Guyra 5, 11.00am

**U6 Spooks** vs TAS T-Rex, Guyra 4, 11.00am

## DID YOU KNOW?



- **Stork reports**
- **Weddings**
- **Anniversaries**
- **Celebrations**

are published **free of charge**  
in the **Guyra Gazette**  
Just send your photos and details to  
us and we will share your news





# Gazette Footy Tipping



Jy is maintaining his lead over GG on the Locals Leaderboard, 197-191 with only six more rounds to go!

The PIA and the Red Devils are in 3rd place on 185 points. Hazel was off her tipping this week and now joins Bookworm and The 3 Bunnies in 4th place on 181 points.

Even Eel-be-Right has been doing well in their tipping lately and are maintaining their position next in place.

Only four points separate the leaders of the Celebrities: Publican Mick remains in front on 191 points with Pharmacist Vu close on his heels on 187 points.

IGA Ben is next in place on 183 and it's fortunate he has a buffer over Soley who is steadily increasing his score to be on 177 points.

The Gazette takes the cake this week with the highest score overall of 14.

## Sue's Tips

- Tigers
- Raiders
- Storm
- Sea Eagles
- Panthers
- Rabbitohs
- Rooster
- Eels



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**Score: 151**

## Soley's Tips

- Tigers
- Raiders
- Storm
- Sea Eagles
- Panthers
- Sharks
- Roosters
- Eels



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**Score: 177**

## Neil's Tips

- Tigers
- Raiders
- Storm
- Sea Eagles
- Bulldogs
- Sharks
- Roosters
- Eels



Great coffee

Breakfast

Meals

Snacks ... Cakes

all at

102 Bradley St

Guyra



0467 315 915

**Score: 173**

## Ben's Tips

- Tigers
- Warriors
- Storm
- Sea Eagles
- Bulldogs
- Sharks
- Roosters
- Dragons



## Dinner on the Run!

If you're in a hurry  
No need to worry!

- Roast Pork, Chicken or Beef
- Roast veges
- Gravy

Contact Store for details

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**Score: 183**

## B-&-L's Tips

- Cowboys
- Raiders
- Storm
- Knights
- Panthers
- Sharks
- Roosters
- Eels



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**Score: 173**

## Vu's Tips

- Tigers
- Warriors
- Storm
- Sea Eagles
- Panthers
- Rabbits
- Roosters
- Eels



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Pharmacist Advice **Score: 187**

## Gazette's Tips

- Tigers
- Raiders
- Storm
- Sea Eagles
- Panthers
- Sharks
- Roosters
- Eels



# Guyra Gazette

Published weekly

Your local Guyra newspaper

Contact us on:

news@gala.org.au

advertising@gala.org.au

6779 2132

**Score: 165**

## Mick's Tips

- Tigers,
- Raiders
- Storm
- Sea Eagles
- Panthers
- Roosters
- Sharks
- Dragons



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Meat Tray Raffles  
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## Guyra Hotel

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6779 1018

**Score: 191**

# Polished effort from Caspers

The Caspers travelled to Armidale to take on the very youthful Ex-Servies side on the weekend. This is a team the Caspers have had trouble with all year, with the biggest winning margin being just 1 goal in the 3 previous matches.

The Caspers seemed to prepare themselves a lot better for the game, which they knew they had to as this Ex-Servies side have got the upper hand in the early exchanges before. This was not the case this time with the Caspers dominating their much younger side with possession and pace.

Fifteen minutes in the Caspers got their reward with some magic ball play seeing Matt Simpson finishing a goal from a sharp angle to give the Caspers a 1-0 lead. The team suffered a setback after the restart with B.J Cameron being injured and unable to play on.

The Caspers regained the momentum with super sub Scotty Miller putting away a beautifully placed header after some great lead up teamwork to give the Caspers a 2-0 lead at half time.

Half time talk was upbeat but the Caspers knew this young team would not give

up and they would have to play right to the siren. The start to the second half was much the same and the Caspers were for the first time this year completely controlling the game.

Twenty minutes in, Matt Simpson put away another goal after once again some beautiful possession to take the score to 3-0. The final 10 minutes was a grind with the pace of the game taking its toll on both teams, but there was still time for one more special moment. It came when the ball fell clear just outside the box and Scotty Miller hit a sublime volley to leave the Ex-Servies side gasping for air.

The final score was 4-0, a great job from the team. Coach Corby believed this was the most complete game the boys had put in and hopes they can keep this intensity for the remainder of the season.

Points were hard to pick with all the boys playing awesome, the defence repelling the youthful side and also joining into the attack, the midfield being dominant and the strikers finishing their chances brilliantly. After some thought Matt Simpson was the pick of the players with 3 points, B.J

Kliendienst and Scotty Miller getting 2 points each.

The boys are at home to Glen Innes this weekend with our major fundraiser Old Boys Day.

Guyra Seconds head down to Armidale to face Westside in a game that was always going to be tough. Wests have been a hard game all year with this game being no different.

Guyra started a bit flat but soon picked up to hold the constant attack from Wests with some great saves from Matt Simpson to keep the game to 1-0 to Wests going into the second half.

The second half started better for Guyra with the midfield controlling the ball well until a corner from Wests found the net. This sparked Guyra into a counter attack and a great build up which led to Rheece Handebo beating the keeper to make it 2-1.

The defence worked hard to keep Wests out until a wayward cross found the net in an un-saveable shot to end the game 3-1 to Wests.

Even as a loss Guyra played a top game against a strong team with the points going 3 to Maddi Morgan and Gemma Sisson and Matt Simpson got 1.

## Ladies' Golf

Eight ladies played in very strong winds this week with Debbie Burey playing a wonderful round to win with 71 Nett. Wendy George was the runner up on a countback from Vicki Reeves with 72 Nett. Kath Varley won the Putting Competition with 29 Putts.

Nearest the Pin Winners were 7th Vicki Reeves, 9th Debbie Burey and 18th Karen Oehlers

This week is a 2 Ball Ambrose Qualifying Event, for the NSW Ambrose Championships, with the final to be played at Bonville Course later in the year.

On the 7th August there will be a Stableford Event with Meg Simpson as starter. Some ladies will be travelling to Delungra on the 7th August to play in the Delungra 4BBB Open.

Good luck ladies.

*Birdie*

## Men's Golf

Last Sunday's stableford was won by Michael Jackson with Ian Taylor runner up. Nearest to the pins were Ian Taylor on the 7th and Barry Simpson on the 10th and 18th.

Next Sunday will be the CT Electrics individual stroke and the final of the monthly mug. It is also the August monthly mug. The 12 qualifiers for the final are Chris Newberry, Scott Mendes, Michael Jackson, Pat Grills, Tim Ellis, Ben Vidler, Warren McCowen, Mal Gaukroger, Richard Burey, Darrin Towells, Ian Taylor and Len Stanley. All indications point to a big day.

*The Albatross.*

# 'Old Boys Day' Fundraiser

This weekend Guyra United Soccer Club will hold their major fundraiser "Old Boys Day".

Darryl and Carol Dowden have been a big part of the Soccer family for a long time now and the Caspers would like to repay them in their time of need.

Please come along and support the Caspers on Saturday 3rd August with the first game starting at 1pm. There will be a bar, canteen, BBQ and raffles at the games followed by Auctions

and entertainment at the Royal Hotel from 6pm. All money raised from the day will be donated to the Dowden's. We have a number of items to be auctioned and raffled.

### Auctions:

- Husqvarna Chainsaw
- Signed Panthers Jersey
- Custom made large Dog kennel
- Fire Pit
- Wheel Barrow filled with various items

### Raffles Items:

- Hair care pack
- Hunting pack
- Mini Fryer
- Tomato Trays
- Car Detail
- Titans Merchandise
- 1 hr Massage
- Trailer load of wood
- Private lessons with Ashley White
- Guyra Fuels Voucher

**And so much more.**

We hope to see everyone there for a great day out and two very competitive games.

*Go Casper's.*





# Classifieds Trades & Services

## POSITION VACANT

### JOB OPENING AT KIRK'S IGA

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## RAFFLE RESULTS

**DROVER'S RUN Westpac Rescue Helicopter Service** raffle winners David McKemey and Roger Heagney. Thanks to all from Liz & Tony Looker for your enormous support.

## PUBLIC NOTICES

**GUYRA HISTORICAL MUSEUM** closed for renovations. Enquiries or group bookings: 6779 2132.

## DEATH NOTICE

### LIGHTFOOT; MARGARET JOY (nee HODDER) 16th July 2019

Formerly of Llangothlin, late of Merewether.

Dearly loved wife of Barry (dec'd). Loving mother and mother-in-law of Stephen & Helen, David & Lisa, Jane & Rob, Irene & Brenden and grandmother of their children.

Loved sister of Judy & Bill.

**Aged 78 years**

## FUNERAL NOTICE

### ELLIS; BEVAN JOSEPH "JOE" 28th July 2019

At the Guyra MPS, formerly of Kolora Homes and Hardinge Street, Guyra.

Beloved son of Ambrose & Amy (both dec'd). Loved brother, brother-in-law, uncle and great uncle of Doug and Doreen, Patricia (dec'd) and families.

**Aged 76 years**

Funeral Service to be held at St Mary of the Angels, Guyra on Thursday, 1st August 2019 commencing at 2:00pm followed by interment at the Guyra Cemetery.



Piddington's AFDA 6772 2288

## IN MEMORIAM

### KEVIN ROSS RAMAGE 26th July 2018

Your presence we miss  
Your memory we treasure  
Loving you always  
Forgetting you never

*Evelyn, Elizabeth, Pauline, Graham, Karen, Yvonne and Families*

## DEATH NOTICE

### ATTWOOD; JACK 21st July 2019

Of Moonby House, formerly of Bendemeer. Loved husband of Unna; father of John and Beth.

Formerly the School Principal at Llangothlin Public School 1953-69. Privately cremated.

**Aged 95 years**

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## CLAIM THE DATE

**SATURDAY 7th SEPTEMBER BUSH DANCE** at Ben Lomond Hall. Dinner, Dancing, featuring the Big Hairy Bush Dance Band. Tickets available soon. Hosted by Guyra CWA Evening Branch.

**SUNDAY 20th OCTOBER Ben Lomond Fashion Parade** at Ben Lomond Memorial Hall. Enquiries 0429 332 094.

**SATURDAY 2nd NOVEMBER St James Anglican Church Fete**  
**5th NOVEMBER Can Assist Melbourne Cup Lunch and Fashion Parade.**



## Gazette Footy Tipping

Jy Starr	197	3 PS	169
GG	191	Phantom	169
The PIA	185	Fire Breather	165
Red Devils	185	Elva Brazier	165
Hazel	181	Nightwatchman	161
Bookworm	181	Chris Morley	159
The 3 Bunnies	181	Old Chook	157
Eel-be-Right	177	My Name Jeff	145
Bulldog	175		

## Locals Entry Form - Round 21

Tips must be submitted by 4.00pm on **Wednesday 7th August**

Name: .....

Phone: .....

Cowboys	vs	Broncos
Warriors	vs	Sea Eagles
Panthers	vs	Sharks
Dragons	vs	Titans
Eels	vs	Knights
Bulldogs	vs	Tigers
Raiders	vs	Roosters
Rabbits	vs	Storm



# Pennant bowlers at State Playoffs

Guyra No 7 Pennant Bowlers travelled to Nelsons Bay on the weekend to play in State playoffs.

Their first game was against Mingara with Guyra losing 66-48. Steven Sole's team lost 13-23, Scott Campbell's team lost 12-26 and Anthony Bull's team won 23-12.

In the second game Guyra played Colleambally. Guyra won this game 63-47. S Sole's team lost 10-21, S Campbell's team won 25-17 and A Bull's team won 34-9.

In the third game Guyra were up against St Johns Park and needed to win this game to make the finals. Unfortunately, Guyra lost 63-34 and this meant they were eliminated.

S Sole's team lost 16-19, S Campbell's team lost 12-34 and A Bull's team lost 6-32. Well done to the teams for making it to the last 16 in the State.

The teams were:

R Walls, C Peardon, E Sole, and Steven Sole – 3 losses, -34  
D Lyes, B Campbell, C Kliendienst, and S Campbell 1 win, -28

W Reeves, P Johnson, B Stanley and A Bull 2 wins, +4

**Matches set down for Sunday August 4th starting at 12 pm:**

Handicap Singles - D Kennedy vs M Walls, marker I Jacobs, B Presnell vs R Cox  
Marker D Wilcox



**Above:** Evan Sole sends one down for Guyra in the first match against Mingara *Pic Nelson Bay Bowling Club*

**Below I to r:** Cameron Peardon, Robert Walls, Barry Campbell, Chris Kliendienst, Evan Sole, Scott Campbell, Steven Sole, Wayne Reeves, David Lyes, Boyd Stanley, Paul Johnson, and John Hamel



**BULL SALE**  
**TUESDAY 6TH AUGUST**  
1PM  
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