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www.guyragazette.com.au

# **Growing careers at Costa Tomatoes**

Three new apprentices have joined the Costa Tomato operations in Guyra. Neil Ashman, Andrew Pearson and Marty Ryan all come from the Guyra region and have started boilermaking apprenticeships.

Neil, Andrew and Marty, will be attending TAFE in Armidale as part of their Certificate III in Engineering and Metal Fabrication. Combined with on the job training it will give them a broad range of skills required in the maintenance of the glasshouse operation.

"Costa is very proud to support Neil, Andrew and Marty in the development of their careers and their skills are very important to the smooth operations of our Tomato glasshouse business," Scot MacDonald, Costa State Manager, said.

"We hope this is the start of a long and successful career with the company. Facilitating training and jobs in Guyra for the upcoming generation is a win for these men, the Guyra community and the future of agriculture."

Marty Ryan started working full-time with Costa towards the end of last year, and is enthusiastic about starting his apprenticeship. He is a local boy who attended school at Ben Lomond



**Above I to r:** Brett Ryan (HR Manager) Andrew Pearson, Marty Ryan, Joey Mills (Maintenance Manager,)
Neil Ashman and Scot MacDonald (State Manager)

and Guyra Central schools before boarding at Farrer Memorial Agricultural High School.

"I had wanted to get into the workforce but there weren't a whole lot of opportunities in the region," Marty said. "Then I was offered an opportunity to do work experience with Costa and it was those two days of work experience and that sold me.

"Joey Mills and Michael

Fowler from the maintenance team are an absolute pleasure to work for. It's pretty amazing to have this opportunity to work with a leading producer in the food industry.

"We are getting lots of opportunities working in this field as it is a very diverse company."

Andrew and Neil are also locally educated. Andrew attended Bald Blair Public School before completing his education at Guyra Central School where he took part in a school-based traineeship with Costa. Neil is originally from Samoa and has been in Australia since 2019, completing his education at Guyra.

Costa Maintenance Manager Joey Mills said he was honoured to have the new apprentices join his team.

# **Supplier Information Sessions**



Thursday 18 May @

Guyra Civic Administration Building from 4pm

ARC is currently seeking tender submissions from tradespersons in the New England Area for 'Building Trades pre-qualified contractors' for a two year period commencing July 2023.

To support businesses through the process of registering, there will be two meetings in Guyra and two meetings in Armidale. Refreshments will be provided, so please feel welcome to come along and find out more. The sessions are for Council to explain the tender process, allow for potential suppliers to ask questions, which forms to fill in, key selection criteria, compliant requirements and what would make a positive tender application.

To RSVP, Contact Tony McCarthy, ARC Procurement Coordinator. Call (02) 6770 3693 or email tmccarthy@armidale.nsw.gov.au



# An epic two-day line-up for Big Chill Festival

The Big Chill Festival is back in 2023 with an incredible line-up of talent, food, and culture. Thanks to funding secured under the Australian Government's Black Summer Bushfire Recovery Grants Program, this year's festival promises to be a celebration of hope and resilience that will bring the community together like never before.

The festival is being held this weekend May 13 and 14 at the Armidale Sportsground. Headline acts are Birds of Tokyo and Dragon, along with Lisa Hunt, Tori Darke, Zac and George, The Tamborine Girls, Taylor B-W, Des Cortez and The Axmen.

The Big Chill Festival is also a true celebration of Armidale's rich culture and culinary talent, with a range of local and regional food and drink vendors showcasing the very best the area has to offer. As an added bonus, the festival is dedicated to providing a safe and inclusive environment for families



Member for New England Barnaby Joyce, Mayor Sam Coupland, Shakira Kelly Armidale Regional Council Activation team member and Axmen front man Rick Mickerts.

Saturday night has been designated as a youth night, with a special youth ticket for ages 12+ with an admitting adult. This will give young people a chance to experience a food and music festival in a safe and supervised setting. On Sunday, the festival becomes a family affair with children under 12 admitted for free with a paying adult ticket.

Member for New England, Barnaby Joyce describes The Big Chill Festival as a transformational event that has become a highlight of Armidale's event calendar. The Big Chill Festival is fast becoming a must attend event for the New England region and is a key driver of Armidale Regional Council's broader strategy to activate the region and set it on a path of growth and prosperity.

Bring the kids, celebrate Mother's Day, enjoy delicious food, dance and sing along to the music, and make memories that will last a lifetime!

Tickets are available at www.bigchill.com.au, prices as follows:

2-day Adult Final Release: \$75 plus booking fee

2-day Youth (12-18 years): \$50 plus booking fee (Up to 4 youth tickets must be accompanied by a paying adult)

Sunday ticket (13+ years): \$25 plus booking fee (2 children under 12 years admitted free with a paying Adult)



### One in six Australians experience hearing loss.

Having a hearing test helps to detect the early signs of hearing loss, so we can keep our hearing healthy for longer.

Book a hearing check, talk to a health professional, or visit health.gov.au/hearing for more information.



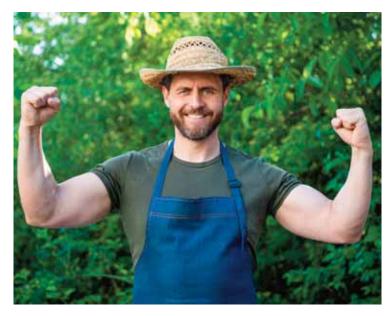
# Flexing Farmers program to run in June

Following on from the success of 'Pilates For Falls Prevention', Jess Ahern from Peace out Pilates is turning the focus to farmers. Sharing the common bond of striving toward a better healthier life, the 'Flexing Farmers' program will run for 7 weeks, commencing June 19th.

There will be twice weekly sessions on Mondays and Thursday's starting at 12:30 pm. Farmers can attend either one of the classes. There is a limit of 8 people maximum in each class.

Jess said that with only approximately 30% of the Australian population living outside major cities, there is a significant health inequality in rural and remote Australia.

"On top of the usual barriers to exercise, such as lack of time, confidence, and motivation, individuals in these communities are significantly limited by the availability of



To book a spot, please call Jess Ahern on 0478 724 734.

fitness facilities and services,"
Jess said.

"Poor overall health status, increased incidence of chronic conditions such as cardiovascular disease, cancer, and diabetes, and higher premature death rates are noted inequalities facing those living in rural

and remote areas.

"Bridging the gap to better health for rural and remote communities in Australia can partly be achieved through implementing supervised exercise programs.

"Banding together to combine exercise and socializing is the new thing in some rural and remote communities addressing both physical and mental health and wellbeing."

Flexing Farmers is sponsored by Healthwise and the NSW government. The venue is Karan Wildman's Physiotherapy, and the program will start on June 19.

To book a spot, please call Jess Ahern on 0478 724 734. You can also contact Jess via her facebook page 'Peace Out Pilates'.

The program 'Pilates For Falls Prevention' was a huge success. A new class will start on Tuesday June 6th commencing at 10.30 am at Karen Wildman's Physiotherapy.

This program focusses on exercises for strength, balance and stability. There are chair and standing options for a small safe number of people in each class. The cost is \$15 per class. Call Jess to book.

# **Applications open for Community Small Grants**

Community groups or organisations in the Armidale region are invited to submit applications for Council's Community Small Grants program.

Applications are now open and offer the opportunity for financial assistance of up to \$3000. The grants program is normally offered twice a year however the 2022/23 round of funding has been consolidated into one round before a review of the council's grant process is undertaken and relaunched in the second half of this year.

Armidale mayor Sam Coupland said the small grants program is designed to assist local community groups or organisations to continue to deliver a service or event that benefits our region.

"The grants program we offer assists in delivering initiatives

that support a range of social and economic benefits to our community," said mayor Coupland

"This is a great way to potentially source some additional funds to allow community organisations to keep a vital community initiative running or to contribute towards a new or existing event."

Applications close Sunday 21 May 2023. The application form is available online only on the council website or search Armidale community grants in your preferred browser to reach the online form.

Please refer to the grant guidelines before submitting your application. If you require further assistance please contact Council's Community Services Manager Kylie Giles at communitys@armidale.nsw.gov.a u

# Aileen MacDonald named in NSW shadow ministry

NSW Liberal Leader Mark Speakman and NSW Nationals Leader Dugald Saunders this week announced the full shadow ministry. The shadow ministry will include experienced MPs alongside new faces, including Guyra based MLC Aileen MacDonald who has been named as the Shadow Minister for Youth Justice.

Mr Speakman said that the people of NSW are already asking questions of the Labor government, which still can't tell people how it will deliver its commitments.

"Both in Parliament, and in every community across our state, our team will focus on the issues that matter to people, listen to the people of NSW and work constructively to develop solutions to improve the infrastructure, services and programs people rely on daily.

"We will be standing up for small business, and backing them to grow and create jobs; advocating for policies that help families; and crafting policies that build stronger and more cohesive communities."

Newly elected NSW Nationals Leader Dugald Saunders said the excellent mix of experience and fresh faces would serve the Coalition well and give it the best chance at the next election.

"Our team will drive the policies that make a real impact on our regions and build the case for the necessary investment in our communities, delivering infrastructure and services our state needs."

#### What's HOT

Markets in Tingha on Saturday – worth a visit. Being held once a month

Taking advantage of cooler temperatures to get out and about in nature

Big Chill Festival sounds like it is going to be a blast

Mother's Day this Sunday - do something special

#### What's NOT

Taking a wee break in the corner of a building in view of passing traffic

# **QUOTE** of the week

Understand that happiness is not based on possessions, power, or prestige, but on relationships with people you love and respect

Bureau of Meteorology

# Weather

#### WATCH

**Guyra MPS** 

Date	Day	Min	Max	Ra
2	Tues	3.4	12.4	0
3	Wed	5.0	14.8	0
4	<b>Thurs</b>	2.8	15.2	0
5	Fri	3.5	15.7	0
6	Sat	1.9	15.5	0
7	Sun	4.2	13.4	0
8	Mon	-2.0	-2.1	0

Rain this week 0mm
May rainfall 0mm
Rainfall YTD 451.0mm
Rainfall last YTD 466.4mm
Ave. rain YTD 400.9mm

Information supplied by Jeff Martin, Observer for Bureau of Meteorology

### Home ground upgrades for Tingha Tigers



Tingha Tigers Rugby League Football Club President James Sheather, Northern Tablelands MP Adam Marshall and Tabatha Jerrard

The Tingha Tigers Rugby League Football Club has received a \$167,697 State Government Grant for to undertake upgrades to their home ground at the end of this season.

The grant was secured under the last round of the NSW Stronger Country Communities Fund and will be primarily used to help build new canteen facilities for home ground crowds.

Tingha Tigers President James Sheather warmly welcomed the funding and said he was excited for the project to get underway later this year.

The Club will use the money to construct new amenities and kiosk facilities and other smaller improvements to the ground.

Announcing the grant, Member for Northern Tablelands Adam Marshall congratulated the members of the Tingha Tigers footy club who worked hard to secure this grant.

"In Tingha, rugby league is

followed devoutly every weekend by the vast majority of the local community," Mr Marshall said.

"Sports like football are essential to fuel community pride and to provide activity for the town's young people.

"I have no doubt these upgrades will be enjoyed by spectators and players alike.

"The Tingha Club has a proud history and a bright future.

#### **Black Mountain Public School Thalgarrah Excursion**

Black Mountain Public School joined the other Snow Gums schools on Thursday, 27th April 2023 at Thalgarrah Environmental Education Centre.

The K-2 students learnt about rain fish and how they are created when we throw our litter on the ground. They also looked at the power of wind and created their own racetracks for ping pong balls.

The 3-6 students used their senses in the forest to play games such as Bat / Moth, Hunter / Kangaroo and Meet a Tree. They also learnt how to read a map and participated in an Orienteering activity.

Mrs Justine Eddy Relieving Principal



# Workshops to help youngsters 'bounce back'

Specialised workshops for students who are 12-25 years of age will be delivered by the Australian Leadership and Communication Training organisation, thanks to a \$46,500 State Government grant.

The workshops would be hosted by expert presenters in the field of education, health and wellbeing, resilience and psychology. The programs are designed to engage, inspire and create opportunities for youth in the area.

Australian Leadership and Communication Training is a local company that has been operating for the last 10 years providing training and development in education including resilience, well-being, communications, and leadership.

Executive Director of Australian Leadership and Communication Training Dr James White said the funding would help meet the needs of young people in our



Northern Tablelands MP Adam Marshall, and Australian Leadership and Communication Training Consultant Jane Weir

community who are often overlooked.

"Our recent event included young people who are in out of home care, members of our Ezidi community, Aboriginal and Torres Strait Islanders and people with disabilities," Dr White said.

"Many youth identified the importance of addressing and sup-

porting each other within areas of mental health and wellbeing.

"It is pleasing to be able to offer opportunities in the Armidale Regional Council area.

"We are excited about extending the program to the Uralla and Inverell LGAs in the future."

Announcing the grant, Member for Northern Tablelands Adam Marshall said that the resilience of children and young people has been tested over the past few years by drought, bushfires, floods and COVID-19.

"This grant, under the Children and Young People Wellbeing Recovery Initiative, will help youngsters build resilience and bounce back from challenging times," Mr Marshall said.

"Well done to Jane Weir and Dr James White for continuing to provide training and support for our youth by developing a broad network of support people."



## Marshall takes up Region's Health Issues with new Minister

Member for Northern Tablelands Adam Marshall has met with new Health Minister Ryan Park about the future of health services in the region, securing better support for frontline staff and ensuring the smooth rollout of the GP single employer model.

Mr Marshall said he was also pleased the Minister had accepted his invitation to visit the region in the coming months to speak to local community leaders and health workers.

During the meeting, Mr Marshall said he raised five matters directly with the Minister:

- Rollout of the GP Single Employer Model:
  - Nurse incentive and retention payments;
- Future of Moree and Glen Innes Hospital redevelopments and new Glen Innes Ambulance Station;
- Splitting the Hunter New England Health District; and



Member for Northern Tablelands Adam Marshall, left, met with new Health Minister Ryan Park in Sydney recently

• Visit to our region by the Minister.

"I was pleased to meet with the Minister so early into his new role," Mr Marshall said.

"He was generous with his time, which allowed for a very positive in-depth discussion, with some clear resolutions. "We had a very frank dive into the most pressing issues confronting our health system and our region and rural and remote communities more generally."

Mr Marshall said he was thrilled the Minister confirmed the region would see a smooth rollout of the GP Single Employer Model trial, due to start later this year.

"The Minister confirmed his strong support of the GP Single Employer Model rollout for our region and indicated he was seeking advice from his Federal counterpart Mark Butler to get the model implemented as soon as possible," Mr Marshall said.

Mr Marshall also asked the Minister for his help in ensuring Hunter New England Health properly rewarded and supported its frontline staff, accessing and distributing the \$10,000 nurse incentive and retention payments.

Contact my office: Phone: 02 6772 5552 Email:

northerntablelands@parliament.nsw.gov.au

# Community Noticeboard

#### Meals on Wheels

May 11	Jim Betts
May 12	Golf Ladies
May 15	RAB Staff
May 16	Debbie Schmidt
May 17	Steve Norris

#### Street Stalls

May 12, 13 Rotary May 26, 27 Rotary June 1,2,3 Rotary

#### Church Notices

St. Mary of the Angels Catholic Church Mass 6pm Saturday and 9am Sunday. Weekday Mass Monday – Friday 9am Contact: 6779 1036

St. James' Anglican Church
9am Sunday, followed by morning
tea. Doors open from 8:30am. All
welcome! Contact Rev. Tim
Stevens 6779 1111

St. Columba's Presbyterian
Church 9am Sunday followed by
morning tea. Contact: Rev.
Andrew Campbell 0447 724 536

#### **The Chapel:**

66 Llangothin Street: Sunday Service: 10am

**Contact:** Pastors Linden & Kerrie Pollard 0455 232 073.

Seventh-day Adventist Church:

Aboomala Street. Sabbath School 10.00am Saturday Divine Service 11.30am Saturday. **Contact:** Minister Luke Reeves 0410 761 320 Church Clerk 6779 1587

<u>Uniting Church:</u> 57 Ollera Street: Regular Sunday Service: 9.30am **Contact:** Di Burey 0428 791 742

Church of Freedom (Cnr. Boorolong & Nincoola Sts.) Sunday worship: 10am Prayer meeting: Tuesday 6.30pm Bible discussion: Wednesday 6.30pm Pastors: Jeff & Sharon Ritchie 0421 847 973 Chaplaincy services: Dave Brown 0419 539 372, Dan McGinty 0409 399 270

#### Service Clubs

LIONS CLUB dinner meetings 1st & 3rd Wednesday of the month at Guyra Bowling Club, 7pm.

Ph: Geoff Reeves 6779 1257

ROTARY CLUB dinner meetings 2nd & 4th Tuesday of the month 6pm for 6.30pm at Guyra Cafe

Ph: Hans Hietbrink 0402 044 891

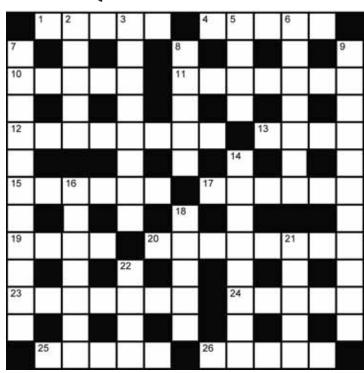
#### **ACROSS**

- 1. Angler's accessory (5)
- 4. Singer/guitarist, \_\_\_\_\_ Berry (5)
- 10. Undo (5)
- 11. Embryonic frog (7)
- 12. Flock minder (8)
- 13. Open-air pool (4)
- 15. Bear witness (6)
- 17. Scattered remains (6)
- 19. Irish parliament (4)
- 20. Casino worker (8)
- 23. Old golf club (7)
- 24. Representative (5)
- 25. Tim\_\_\_\_, Boys from the Bush actor (5)
- 26. Author of On the Beach (5)

#### **DOWN**

- 2. Turning machine (5)
- 3. Purple gemstone (8)
- 5. Conceal (4)
- 6. Bishop's staff (7)
- 7. Excellent impressive (11)
- 8. Authoritarian (5)
- 9. Show (11)

#### **QUICK CROSSWORD**



14. Leave by will (8)

16. Sewing aid (7)

18. Male duck (5)

21. Dormant (5)

22. Hitchcock film, \_\_\_\_

M for Murder (4)

Across: 1. Float, 4. Chuck, 10. Untie, 11. Tadpole, 12. Shepherd, 13. Lido, 15.Atetest, 17. Debris, 19. Dail, 20. Croupier, 23. Niblick, 24. Agent, 25. Healy, 26. Shute Down: 2. Lathe, 3. Amethyst, 5. Hide, 6. Crosier, 7. Outstanding, 8. Stern, 9. Demonstrate, 14. Bequesth, 16. Thimble, 18. Drake, 21. Inert, 22. Dial

#### What to Watch

Our armchair critic has new recommendations every week. All movies have ratings of M and over - happy viewing!!!

#### **Netflix Movies**

Hunger Aka Elvis

Fatale

Hot Fuzz Deadlock

7 Days In Entebbee

Netflix Series
Black Space
You Cannot Hide

The Inmate

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Drop your advertising or news into the office at 136 Bradley Street

& talk to Janelle or Martha

Email: Janelle - news@gala.org.au

Martha - advertising@gala.org.au

Ph: 6779 2347

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# Resilient Pasture Landscapes update

The season has changed, and the New England has experienced its first dry summer after three years of La Nina. For farmer participants involved in the Drought Resilient Pasture Landscapes project, navigating this change has been supported by new skills and confidence to make early management decisions after the first round of pasture coaching.

Travelling extensively from Deepwater, near Glen Innes, to south of Walcha, pasture coaches Jaimi-lee Edwards and Professor Lewis Kahn from the University of New England have supported 74 farmers across nine groups, through an on farm process of pasture coaching and using the online tool, Ag360.

"The first round of coaching was all about establishing relationships with the participants as well as trust and confidence in the process and understanding and using Ag360," said Jaimi-lee.

"As farmers grew more confident in estimating herbage mass in kilograms of dry matter per ha (kg/DM/ha), many participants realised they had been misestimating herbage mass on their properties," she said.

For Glen Innes participant Ian Firth, the uptake of the Ag360 software tool has increased his confidence in the decisions that he is making.

"The pasture coaching sessions have improved my ability to make more accurate assessments quickly. Together with the Ag360 forecast predictions, it supports



The program has supported 74 farmers across the region with pasture coaching and online tools

the decision making process with data to back up my gut decisions as I visually assess my pastures," said Ian.

While farmers are increasing their technical skills to manage pastures, for many it is also a welcome opportunity to learn to recognise pasture plants, entertain broad discussions about livestock systems, and increase social connection by regularly seeing neighbours and friends at coaching sessions.

Participant Andy Burwell from the South Walcha group noted that the peer-to-peer learning in the paddock has been excellent.

"I enjoy seeing what other farm enterprises are doing, discussing grazing management and production processes as well as comparing the pastures," Andy said.

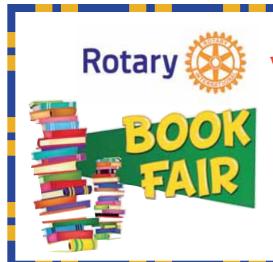
The second round of coaching sessions we will be analysing the feed budget forecast specifics for each property. An important role of Ag360 is to incorporate climate forecasts into feed budgets. and Participants will also be evaluating the accuracy of the climate and pasture forecasts, and how this information helped with decision making for the coming 6 months.

The Drought Resilient Pasture Landscapes Project is being delivered by the University of New England in partnership with Southern New England Landcare Ltd and GLENRAC Inc. This project received funding from the Australian Government's Future Drought Fund.

It is a project of scale that aims to increase the uptake of drought resilient land management practices with a focus on pasture management.

Farmers will see on-farm results over the course of the 18 months of coaching in a number of key metrics aside from better pasture production, including improved groundcover, increased soil organic matter, improved water infiltration, reduced erosion and fewer weeds.

For more information on the Drought Resilient Pasture Landscapes project or for news of upcoming field days and events, resources and links, please visit www.snelandcare.org.au.



Guyra Rotary
will hold a Book Fair
over the
TroutFest weekend
in October

We need your pre-loved books <u>NOW</u>
Please drop your books into
The GALA Centre
136 Bradley Street, Guyra

# Youth week celebrations in Guyra



Armidale Regional Council hosted free activities in Guyra for this year's Youth Week.

Youth in the Armidale region were invited to share their views with Council through a survey and in person at a morning tea with the mayor and councillors.

Armidale Regional Council Mayor Sam Coupland said Youth Week is an opportunity for young people to get together and share ideas and views about issues affecting their lives.

This year's theme for NSW

Youth Week was 'Connect, Participate and Celebrate'.

There was a wonderful turn out for Youth week celebrations in Guyra at the youth and community morning tea.

After the cutting of an enormous celebrity cake, and some

excited winners in the lucky door prizes, young people then heard from local community and service groups eager to reach out and support and engage with Guyra's young people.

#### **Rural Market Reports**

#### Weekly Wool Market

May 5th - Last week's stronger close to the market particularly in the Western region proved to be a good pointer. Prices were dearer upon opening in the Northern region for the 19 to 20 micron types however the finer micron categories were slightly softer.

The second day of sales saw all categories gaining ground except for the Merino carding indicator. The strength in the mid micron Merino types has been offset by weakness in the superfine types over the past twelve months.

The 18 micron indicator was commanding a 50% premium

over the 20 micron indicator twelve months ago. This has shrunk to just 22% on this week's closing levels. 34,720 bales were sold nationally for the week with a passed in rate of 10.6%. Major buyers included Techwool, Tianyu & Endeavour wool.

The improving market has contributed to an increase in next week's expected offering with 48,500 bales currently rostered. This is 10,000 bales greater than this week's offering and will test the depth of recent positive movements.

AWTA's key test data released on Monday is showing a 1.9% increase in the weight of wool tested nationally for the season to date.

# Take advantage of your Vouchers before 30 June

Local parents are reminded to take advantage of the hugely popular Active Kids and Creative Kids Vouchers, made available by the NSW Government.

This year's \$100 vouchers were released in January and local families have until Friday 30 June to claim and spend the vouchers.

The Active Kids and Creative Kids Vouchers are a great opportunity for parents to introduce their kids to a new activity without having to outlay a significant amount of money at a time when the cost of living remains so high.

Families are doing it tough, with many having to make the agonising decision of cutting back on activities. The vouchers are important and ensuring that kids don't miss out on things like swimming lessons, dancing or playing footy for their local club.

Parents with kids aged between four and a half and 18 are eligible, so make sure you get your hands on a voucher today.

The Active Kids program provides a \$100 voucher for parents, guardians, and carers of school-enrolled children to use towards sport and active recreation costs each year.

The Creative Kids program provides a similar \$100 voucher to be used towards the cost of lessons and fees with registered Creative Kids providers.

Current vouchers released on January 1 are valid until 30 June 2023. If you haven't accessed your vouchers you have just under two months to claim. Visit the Service NSW website to have a look at registered providers in our area, then apply.



# Gazette's Celebrity Footy Tipping

Round 10 of NRL footy was the Magic Round and it produced some magic moments.

Friday night footy saw the Mighty Green Machine string their fourth win together in a row, with another strong performance over the Bulldogs, winning by 34–30. The other Friday night game saw the in-form Broncos cement their place on top of the ladder with a strong win over Manly 32-6.

Saturday's game between the Panthers and Warriors was a brutal match with lots of big hits and not many points, however the Panthers showed their class to come away with the win 18-6.

In the other Saturday games the Dolphins beat the Sharks convincingly 36-16, whilst the Rabbitohs are starting to put it all together with a strong 28-12 win over the Melbourne Storm.

Sunday added some magic to the round with some huge down pours and upsets. The Tigers started it all off with an 18-16 win over the Dragons. The Cowboys then took advantage of the huge Queensland magic round crowds with a strong performance over the Roosters, winning by 20-6.

The next game, well this was only fitting that the Titans, the last Queensland team left to play would go on to record a narrow win over the Eels 26-24.

The Magic Round proved to be a charm for all the Queensland teams who all went on to win in front of their home fans. So let's hope this is not a sign of things to come with the State of Origin series hot on our

The Green Blooded Reporter

#### Sue's Tips

**Broncos** Warriors **Panthers** Rabbits Cowboys Raiders Titans Sharks



Thinking Real Estate? ... then think PINK • Rural • Rentals Residential

We are here to help you 95B Bradley Street, Guyra office@sueross.com.au

6779 1276 or 0419 606 103

Score: 91

#### Soley's Tips

**Broncos** Warriors **Panthers** Rabbits Cowboys Raiders **Titans** 

Your Rural **Taxation** Specialists

Score: 97

98 Bradley Street, Guyra

e: csole@soletaxation.com.au

p: 6779 1267

#### **BLS' Tips**

**Broncos Bulldogs Panthers** Rabbitohs Cowboys Eels **Titans** 

Sharks



#### **Fourways Service Centre**

Maxxis Tyres & other leading brands Mechanical repairs Log book servicing Rego inspections



87-89 Bradley Street 6779 1284

Score: 99

#### Oscar's Tips

Sea Eagles

Broncos Warriors **Panthers** Rabbitohs Cowboys Raiders **Titans** Sharks



We have over 10 different varieties of flowers on sale for Mother's Dav ranging from \$9.99 to \$39.99

94 Bradley Street, Guyra 6779 1555

Score: 97

#### Cody's Tips

**Broncos** Warriors **Panthers** Rabbitohs Cowboys Eels Knight s **Sharks** 



#### **Opening Hours:**

Monday to Thursday: 8.00am to 5.30pm Friday: 7.30am to 5.30pm Saturday: 7.30am to 12pm



105 Bradley Street 6779 1008

Score: 89

#### Vu's Tips

Storm Warriors **Panthers** Rabbits Cowboys Eels Knights

**Sharks** 



#### **Guyra Pharmacy** Flu Shots are available in store NOW

106 Bradley Street, Guyra 6779 1192



Score: 95

#### **Gazette's Tips**

**Broncos** Warriors **Panthers** Rabbitohs Cowboys Raiders Titans **Sharks** 



Your local newspaper

#### Contact us on:

news@gala.org.au advertising@gala.org.au

6779 2132

Score: 77

#### Sarah's Tips

**Broncos Bulldogs Panthers** Rabbitohs Cowboys Raiders Titans Sharks



Beat the EOFY rush, check out Elders rural products pre-payment account. Sign up before 31st May to receive \$100 store credit & a chance to win 2023 grand final getaway. Plus you will receive 5% pa reward.

> 173 Malpas Street 6770 7000

Score: 85

#### **GARAGE SALE**

SUNDAY, 14th May, 206 Sandon Street from 8.30am. Household items, clothes, mattresses. Ph Elenoa 0499 476 969

#### **POULTRY FOR SALE**

LAYER PULLETS, 20 weeks, all breeds, delivered to Guyra on Friday, 2nd June. Call Jim 0428 194 105

#### RAFFLE RESULTS

CAN ASSIST raffle won by Kaz Ellis. 50 Club 1st Robyn Mills, 2nd Lockie Heagney, 3rd Kevin Harman. Thank you to all who supported us.

#### **FIREWOOD**

**Property Owners** Too busy to get wood? Have wood on your property?

Do a deal, for someone to cut your wood and they can take a load of wood for payment.

Interested? Call Ian on 0431 216 652

#### **FOOD PANTRY**

Food Pantry at The Chapel 66 Llangothlin Street, Guyra

> **OPEN** every Friday 9am-12pm

Contact: 0455 232 073

#### **COURSES**

Responsible Service of Alcohol (RSA)

Wednesday, 17th May

**Responsible Conduct of** Gambline (RCG)

Thursday, 18th May

**Chemical Course** 

Monday, 22<sup>nd</sup> May

**Combined Food Safety** Supervisors Level 1 & 2

Monday, 5th June

**Espresso Coffee** Tuesday, 6th June

Bookings essential at

New England **Community College** 

(RTO#90145)

136 Bradley Street, Guyra

Phone: 6779 2132 or enrol online: www.gala.org.au

#### **GUBI GABUN**

#### **Gubi Gabun** Children's Mobile Service

offers 5 fortnightly Play Sessions in Guyra

Thursdays each week, 10am to 12noon at the Anglican Church Hall

A Young Mums' Group Thursday afternoons 3.30-5.30pm at the Neighbourhood Centre

& a fortnightly small group inclusive session on Tuesday fortnightly



For further information call Sue on 0428 723 120

#### MEETING ROOM FOR HIRE

#### **Conference/Meeting Room** available for hire

- ✓ Reasonable rates
- ✓ Smart Board or Data Projector
- ✓ Catering arranged on request
  - Air Conditioned
- Great for Functions and Meetings
- ✓ Zoom meetings can be arranged
  - ✓ Covid-Safe set-up
- ✓ Computer/IT Room also available

Contact:

The GALA Centre 136 Bradley Street, Guyra Ph: 6779 2132

E: admin@gala.org.au

#### **CLAIM THE DATE**

#### **SATURDAY, 13 MAY, 2023**

10.00am, Bald Blair Public School Centenary Celebrations Committee: REVEAL, SEAL AND LAUNCH CEN-**TENARY MORNING TEA** at Bald Blair Public School.

#### **OCTOBER LONG WEEKEND:**

Rotary Club of Guyra will hold a BOOK FAIR at the Soldiers Memorial Hall from 29th September to 2nd October.

#### **CLAIM THE DATE**

For your event or function

Phone: 6779 2132 advertising@gala.org.au

#### **LIONS SENIORS OUTING**

The Lions club of Guyra wish to advise senior citizens of Guyra and District that they will be holding their seniors' mystery outing this year on Sunday, 28th May and require names by 19th May to Jim Betts on 6779 1460 or 0459 516 300.

The bus will be leaving the RSL Hall at 8.45am on the 28th May.

Jim Betts, Chairman

#### TRADES & SERVICES

NTRST GOTTIBOL Hydraulic hoses and fittings Industrial hoses and fittings Leaking hydraulic cylinders

- Fixed plant hydraulics Fixed and mobile plant
- preventative maintenance Reliability inspection and solutions

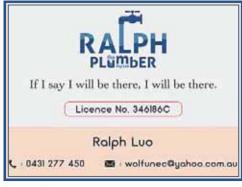
Just give us a call and we will see if we can help you - 0468 775 087 garren@burstcontrol.com



67 Ollera Street, Guyra Phone: 6779 1434

Fishing Store





#### Men's Golf

On a beautiful autumn Saturday, a strong field took part in the 2023 Mixed Championships. The winners for the day with a brilliant score of 78 were Ian and Leonie Taylor.

Nett winners for the day were Wally Chapman and Debra Heffernan also with a great handicap score of 63. Nearest the pin winners were Ian Taylor on the 7th, Pat Grills on the 10th and Chris Newberry on the 18th.

All the winners were so happy with the way the course was presented and with the great weather this made the day open to competitive golf, which was reflected in the scores.

Congrats to all the winners.

S.K.

#### **Vets Golf**

Last Tuesday the 2nd, we played the Reg Taylor stroke event. John Cumming was the winner with 75 nett and Ian Taylor won the gross with 89. Paul Redden picked up two nearest the pins with Col Walls getting the third. Best putters were Pat, Col and Phil all with 30. Congratulations also to all the vets that teamed up with our ladies to make the mixed championships a very successful day. Wal and Deb along with Ian and Leonie took out the wins. Great stuff.

Next Tuesday will be the final round of the pennants to be played in Armidale and then on Tuesday 23rd we will have a change from the program with a foursome's event followed by a barbecue.

Drake.





Mixed Championships - Gross winners Leonie and Ian Taylor with Michael Jackson (above left) and Nett winners Deb Heffernan and Wal Chapman (above right)

#### Ladies' Golf

Last week the ladies played a Par Medal. Wendy Jackson was the sponsor. The winner on a countback was Debbie Heffernan. Runner up was Jenny Rogers.

Nearest the pin winners were Wendy George on the 9th hole and Pip White on the 18th hole.

This week is a Graham Betts Round. Next week is a Golf NSW Medal Round. Belinda Lenehan is the starter and sponsor.

Birdie



Did you know?

Perino tomatoes provide 65% of the daily recommended Vitamin C intake for adults from a 100g serve.

Red Perino tomatoes contain folate, which reduces tiredness when included as part of a healthy and varied diet.

perinotomatoes.com.au



# Gazette Footy Tipping

The Panther	107	Angel	87
The Iggman	101	The Red V	85
Smooch	97	Farmer Joe	85
Johnny Bravo	97	Dip Stick	83
The Champ	97	Braydon W.	81
Bulldog	95	The Raider	81
Red Devil	95	Shiba Inu Phantom	79
Birdie	93	Elva	75
DW	89	Thorpie	69
The 3 Bunnies	89	Garden Gurus	67
3PPP	87		

#### **Locals Entry Form - Round 12**

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Cowboys

Tips must be submitted by 4.00pm on Wednesday 17th May

Phone:

Broncos vs Panthers

Dragons vs Roosters

Rabbits vs Eels

Sharks vs Knights

Bye:
Warriors

Dolphins

Bulldogs

Raiders

Vs Storm

vs Titans

vs Sea Eagles

**Tigers** 

# Guyra outright leaders in Group 19

Guyra is outright leader in Group 19 A grade competition after another dominant display by the Super Spuds on Sunday.

The top of the table clash with Glen Innes was locked at 12-all just before halftime after tries to Mark Walker and Corey Torrens in the opening 20 minutes and two responses from Glen.

It took Walker's second just before the break to edge Guyra in front 18-12 at the break.

Captain-coach Jayden French scored straight after halftime and the Spuds never looked back, apart from one errant try from the Magpies.

Walker ended up with three, Torrens and French both bagged two and the other tries went to Tremane Patterson, Kyle Mongta and Alistiar Connors as the Spuds ran away to a 58-16 win.

Torrens (3), Walker (2) and French (1) scored the best and fairest points on top of their try-



Mark Walker ran in three more tries for the Spuds on Sunday.

scoring efforts and Guyra pushed two points clear on the ladder after Moree's surprise loss.

The day began with a strong showing from the U18s, who scored five tries to one in a 24-4 win.

Tahmani Landsborough, Archie Dowden and Rave Brazier ran in first half tries to take a 16-4 lead.

In the second half the visitors failed to breach the sky blue wall and Malekai Landsborough and Ben Reinke made sure of the win with second half tries.

Archie Dowden was man of the match, despite being sent off late in the game, while Tahmani Landsborough (2) and Rave Brazier (1) earned the other club points.

Guyra almost had three from three for the day but a late Glen try stole the leaguetag game by two points.

Kyiesha Landsborough scored a hat-trick of tries to help give the Spudettes a 22-14 lead midway through the second half.

Sharnae Smith and Lorissa Wilson scored the other tries.

Glen cut the margin and then nicked the game with a try two minutes from fulltime.

Kyiesha Landsborugh scored three best and fairest points, Taylor Waters took two and Amanda Brook one.

The two senior teams head to Bingara this Saturday, while the 18s have a week off.



### Ladies in Livestock

Join Northern Tablelands Local Land Services for an informative workshop on farm water supply. This workshop will provide information on reticulated water systems for livestock, pumps, pipes, tanks, and tips & tricks for repairs and maintenance. Information on solar, diesel, and electric pumps will be presented, and the pros and cons for each system.

There will also be information on Ovine Johnes Disease – what you need to know about it and other topical animal health issues.

#### TO DECISTED

Tenterfield <a href="https://tix.yt/RSN">https://tix.yt/RSN</a>
Inverell <a href="https://tix.yt/VSN">https://tix.yt/RSN</a>
Walcha <a href="https://tix.yt/RTN">https://tix.yt/RTN</a>

Guyra https://tix.yt/XSN

Tenterfield - Tuesday 9<sup>th</sup> May 2023 66–80 Boundary Road, Tenterfield.

Inverell - Wednesday 10th May 2023

'Oakhue', 948 Bukkulla Road, Ashford.

Walcha - Tuesday 16th May 2023

Walcha Showground, Derby Street,

Guyra - Wednesday 17th May 2023

'Coningdale', 1245 Chandler Road, Thalagarrah

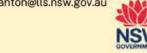
Time: 10.00 am - 2.00 pm

Morning tea and lunch provided.

#### For more information, please contact:

Tahnee Manton

Senior Land Services Officer – Livestock & Farm Planning M: 0438 600 473 | E: shaitarna.manton@lls.nsw.gov.au



lls.nsw.gov.au

#### Flexing Farmers 7-week program

at Karan Wildman Physiotherapy 147 Bradley Street, Guyra

Starting: 19th June (Monday or Thursday classes)

### The benefits of an effective exercise program under an Allied Health Professional include:

- Improved condition of the heart and lungs
- Increased muscular strength, endurance, and motor fitness
- Increased aerobic fitness
- Improved muscle tone and strength
- Weight management
- · Better coordination, agility and flexibility
- · Improved balance and spatial awareness
- · Increased energy levels
- Improved immunity
- Increased physical confidence
- Reduced risk of chronic disease (such as type 2 diabetes and heart disease)
- · Improved brain function and health
- Improved general and psychological wellbeing
- · Greater self-confidence and self-esteem
- Improved sleep
- Improved social life

Please call Jess Ahern to book your spot 0478 724 734 FB: Peace Out Pilates

Sponsored by Healthwise and the NSW government





